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iWell – Enhancing the Digital and Social Well-being in Schools

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Newsletter 1

<p>Overview of iWell project</p> <p>iWell project – <i>Enhancing the Digital and Social Well-being in Schools</i> is an Erasmus+ project that aspires to develop effective tools for primary school students, aged 6-12 years old, in order to support them for a healthy online life and boost their social well-being. It also aims at supporting teachers in teaching life skills and digital literacy skills for online safety and social wellbeing.</p> 	<p>iWell methodology</p> <p>The project consortium will use a <i>participatory method, bottom-up approach</i> in designing the project outputs, in order to ensure the development of quality and relevant intellectual outputs and activities. The project proposes a participatory learning approach to promote health literacy and digital wellbeing and partners will work with local stakeholders to ensure that the development of all intellectual outputs can be traced back to needs that are time and place-specific. In addition, <i>skills-based health education approach</i> will be employed in promoting health behaviours change that will eventually be sustainable. Though this approach is relatively new, it is widely applicable and increasingly employed by a wide audience.</p>
<p>iWell aims</p> <ul style="list-style-type: none"> (a) Supporting and building the capacity of educators in becoming “active health agents” to promote the health literacy and social well-being of their students through a bespoke curriculum and innovative teaching practices. (b) Enhancing the digital and life skills (decision making, social skills and self-confidence) of primary school students, paying emphasis on maintaining a healthy balance of digital media to use through the development of innovative material (library of comics, mini health literacy games and training material). (c) Facilitating the teaching process to develop health literacy and critical thinking skills of students for their online safety and to maximise their learning opportunities at school through the development of gamified resources, training material and a MOOC. (d) Providing European educators with new approaches, ICTs methodologies and research-based evidence to foster social integration and integrate new tools into teaching activities through the development of a Toolkit with Policy & Practice Recommendations. 	<p>iWell partnership</p> <ul style="list-style-type: none"> • THE INSTITUTE OF TECHNOLOGY AND DEVELOPMENT FOUNDATION, BULGARIA (Leading Organisation); • CARDET – CENTRE FOR ADVANCEMENT OF RESEARCH AND DEVELOPMENT IN EDUCATIONAL TECHNOLOGY LTD, CYPRUS; • The Rural Hub CLG, IRELAND; • CESIE, ITALY; • INNOVADE LI LTD, CYPRUS; and • KENTRO MERIMNAS OIKOGENEIAS KAI PAIDIOU, GREECE <div style="display: flex; justify-content: space-around;"> <div data-bbox="836 1333 1209 1585"> <p>[consortium photo from the first translational partners meeting, held on 18th November 2020]</p> </div> <div data-bbox="1218 1333 1559 1585"> <p>[consortium photo from the second translational partners meeting, held on 20th April 2021]</p> </div> </div> <p style="text-align: center;">Stay tuned with iWell</p> <p style="text-align: center;">iWell Website https://iwellproject.eu/</p> <p style="text-align: center;">iWell Facebook: https://www.facebook.com/iWell-107756454714838/</p>