# Visit us at: healthathome.net



# **3rd Edition of The Health@Home** Newsletter!

Welcome back to the Health@Home project. It has been an extremely busy few months and we have a lot to tell you. As the Covid-19 pandemic continues, we are committed to showing our support to families across Europe. We hope our materials and trainings will be of benefit to our parents and contribute to healthier societies.

## **Big news - Our Learning Platform is now live!**

As part of the Health@Home project, we have developed a number of resources for parents, children and educators to use that focus on health literacy within the family unit. The learning platform where all the materials developed as part of Health@Home are housed is now live and welcomes you to register for free. Register today to gain access to all free materials here.

# Materials that are now available

#### Comics for younger children:

Health@Home has created a number of health themed comics which are available for free download here. Check them out or get in touch if you wish to receive hard copies.

#### Webguests for older children:

We all know young people love a challenge. Well let's make it a health challenge! Register for the learning platform here and gain access to 32 webquest challenges that are bound to keep your young ones busy this Summer!

#### Parents support programme:

Our parents support handbook is now complete and ready to be downloaded here. This interactive handbook is packed with health literacy training, worksheets and lesson plans

that can be used by parents and guardians.



## Join us and spread the word!

As our partners are getting ready for further pilot testing, information days and a final conference, there are plenty of opportunities in each country for both practitioners (including educators, professors, teachers, volunteers, trainers, mentors. researchers, assistants) and learners to get involved in the project! You can contact your incountry partner to find out more.

# **Contact your local partner:**



Address: Unit 2.26 Chester House. 1-3 Brixton Road, London SW9 6DE

Email: info@learningunlimited.co

Phone: 020 3700 1162



**Comic Strips** 



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# Trainings across Europe:

An exciting Training of Trainers was held online:

The Health@Home Transnational Joint Staff Training Activity that was supposed to take place in Spain, was hosted online by Aldaima between the 29th – 31st of March. The group of 17 people came together to share their expertise, passion and provide critical feedback over the 3 days. The participating trainers and educators from the partner organisations had the opportunity to get familiar with the project, explore its educational material and discuss current issues and challenges related to health literacy, especially in the Covid-19 and post-Covid 19 era.

To see more checkout our Facebook page.





#### Adult Education Training:

This Spring, all partners were delighted to host a 4-day training with adult educators in their region. Educators from various educational institutions and family learning centres came together to explore the materials that were developed specifically for educators. The groups had the chance to become familiar with the lesson plans and provide any feedback for further development. Thank you to everyone who joined these trainings in the partner countries.



You can find all the updates from our project on our Facebook page along with some other useful information about health.

Like and follow us @ https://www.facebook.com/healthathomeproject

Or visit our website:

https://healthathome.net/



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